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### **What is the Retirement, Pension, and Health Insurance Counseling Benefit?**

When you are planning to retire, or at any time when you have problems concerning your pension or health insurance coverage, you have the opportunity to benefit from the guidance of professional counselors.

Retirement and Pension counseling is available by appointment only and is held at the Fund Office. You can make an appointment by calling 1-212-966-5353.

When you come to the Fund Office for your appointment, it will be helpful to bring with you all necessary information and material pertinent to your problem.

In addition, special group retirement counseling sessions are held for employees who plan to retire. You are urged to register for these sessions if you are planning retirement within the coming year. Registration may be made by telephone by calling the Fund Office at the number listed above.